Mandeshi Foundations Scheme For Girls Students, Daily Morning Activities (Yoga, exercise & Classes) 2021-22











Practice No:1: Youth Development Programme

1. Youth Development Programme:

In Association with Mann Deshi Foundation, Dahiwadi, Tal: Man,

Dist: Satara

The college has formed Memorandum of Understanding (MoU) with Mann Deshi Foundation, Dahiwadi especially for the girls of the college. It is a kind of training programme along with technics and teaching to the selected candidates. The entire programme is beneficial to the students for their recruitment in police department. The institution also helps them in their training and study. All the activities of the programme are conducted avoiding overlapping of College Schedule.

Objectives:

- 1. Programmes are arranged particularly for the girl students.
- 2. Personality Development of the stakeholders.
- 3. To motivate the students for their Self Defense
- 4. Driving and Swimming Training for girls
- 5. To develop ability of English Communication
- 6. Training with the help of books, magazines, daily newspapers, audio-visual aids etc.

The Context:

The sponsor social institution is needed to develop such practices. The institution provides coaching physical training and healthy nutrition to the stakeholders. This is a social foundation in Man and Khatav tehsil area which is dry and drought. The foundation helps local farmers and some educational institutions

foundation helps local farmers and some educational institutions by funding through Mann Deshi Mahila Co-operative Bank. Due to financial inadequateness girl students are unable to join such programmes. This activity benefits the students of remote, hilly, dry and drought area. This is platform of opportunities given to such candidates. Generally girl students are physically weak. Special training for such physically weak candidates is given by the foundation.

Practice:

Mann Deshi Foudation's Youth Development Programme is directly related to youth development in Mann Desh i.e. Khatav and Man tehsil area. It offers different issues which are related to youth development of higher education. The foundation provides academic training in politics, history, geography, mathematics and general science. It also provides physical training. Two teachers of the foundation, guest lecturers of various fields are invited to motivate the students. Physical training like hundred, eight hundred meters running activities, shot puts are provided. Foundation serves breakfast like peanut, jiggery, dates and banana to the enrolled candidates. Sport kit is also provided to them. It arranges soft skill training for the students. Such training is quite essential to the girl students the area. This programme is

conducted especially for the students of higher education.

Limitations:

- 1. Some minor disturbances in college time table
- 2. Separate lecture halls are needed for development of this practice.
- 3. Exercise equipment are not available in rural area.
- 4. Training is only for girl students.

Evidences of success:

Gopuj marathon was held on 10th Sep., 2019. Nineteen students were participated in it. In this competition one student own and second prize (Mrs. Neelam Gharge). This marathon was associated with Mann Deshi Champions Youth Development Programme Aundh and Grampanchayat Gopuj. (Neharu Youth Club Gopuj)
Marathon was held at Pusesawali, Tal: Khatav on 7th Sep., 2019. It is associated with Pusesawali GramPanchayat and Mann Deshi Foundation, Mhaswad. Many students were participated in it. In the marathon Shradhdha Yadav won First Prize and Kishori Nanaware won Fouth Prize. Many activities were run by the foundation in the college and girls responded to this activity. It is supported to the economically backward students. The result of activity indicates women empowerment and their strength in the society. Problems Encountered and Resources Required:

Problems:

- 1. Few girls are participated in the programme in the beginning.
- 2. Persuading psychology of girls about this programme.
- 3. Parents' awareness.

Resources Required:

- 1. Classrooms
- 2. Playground
- 3. Skilled physical teacher
- 4. Lack of audio visual aids for running academic activities.

Practice No:2: QR Codes for the Departments and Botanical Garden The QR code is well known and easily accessible informative system through which one can easily access the object and get the information about the object within a fraction of second through mobile QR code scanner. In this system QR Codes are or can be generated of a particular object, the information of the same can be shared with the students.

Context of the Practice:

This is an effective method through which you can share almost all the information with the students provided that the students must have android mobile phones along with internet connectivity and installation of QR code scanner application. One click availability of the information though the person getting the information is not related to the subject or topic.

Practice of QR Codes:

The college has developed this informative and easily accessible technique in the college campus. Almost all the Departments of arts and science faculty have created QR codes in a small scale.

IQAC of the college and Department of Botany made huge contribution in making the Botanical Garden and campus of the

college QR Coded. Every plant and tree in the campus of the college is QR coded now. The college also prepared some vinyl boards which are making aware of the students regarding environment. These boards are also QR Coded.

Aims and Objectives of the practice:

- 1. To make the students aware about the topic through technology
- 2. To provide the information through technology.
- 3. To make the students of rural area aware about the technology.
- 4. Easy access to the particular information without the help of the teacher.
- 5. To make the students able and confident and self-reliance.
- 6. To make prepare the students able to face the world of

science and technology.

7. To develop the habit of self-preparation among the students.

Outcomes or Evidence of the Practice:

There are specific outcomes and benefits observed in implementing the best practice.

- 1. The students started to get the instant information about the object.
- 2. Use of technology for the students became easier.
- 3. Direct transformation of information to the students became successful.
- 4. Students became able, confident and self-reliant.
- 5. Curiosity among the stakeholders is developed.

The QR Codes are displayed on the board at the entrance of the college. QR Code scanned plates are attached at the trunk of the Plants and trees in the campus of the college. Environment awareness photographs are displayed in the campus along with QR Codes.

Problems Encountered and Resources Required:

Problems:

- 1. Awareness among the students required in a large scale.
- 2. Availability of data is necessary for preparing the QR

Codes. 3. No change is possible after preparing the QR Code.

- 4. New subscription is required for new QR Code.
- 5. Space more than 15 GB is required.
- 6. No update facility regarding information is available.

Resources Required:

1. Continuous Internet facility along with Wi-Fi is essential which is available in the college campus.

- 2. Human resource is unavoidable necessity.3. QR Code particular application is required.4. Storage device is required.